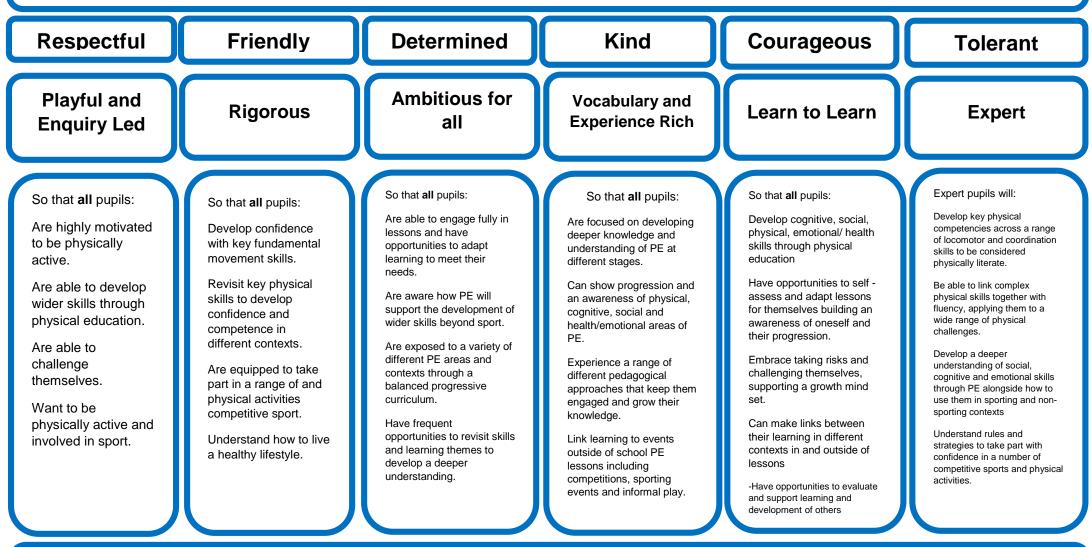
## **Church Hill School PHYSICAL EDUCATION Curriculum Intent**

## Wellbeing

We believe fostering positive mental health and wellbeing is the foundation for all learning and growth. Our curriculum, including the 'hidden curriculum' of school culture, supports all pupils to develop a positive self-image and equips them with the knowledge and skills they need to look after their mental and physical health.



Our mission is to develop the physical, social, cognitive and emotional skills of **all** students through the vehicle of Physical Education. We want to children to develop a lifelong love of sport and use PE to impact on the holistic development of every child. To achieve this, we aim to equip children with core physical competencies as well as focusing on developing confidence and mastery in these different learning areas. Through a spiral curriculum approach, we have developed units that will revisit key learning themes across a range of different sporting and physical contexts. These themes will build on previous learning to bring about opportunities to improve confidence, depth of learning and mastery in each of our key learning areas.